

UNIVERSITY ATHLETICS COMMITTEE Meeting Minutes

Thursday, September 15, 2022

Newcomers Session: 3:00 – 3:30 p.m.

Full Advisory Committee: 3:30 - 5 p.m.

Virtual Only - Zoom

Members Present (Newcomers Session): Sarah Armstrong, Erin Carleton, John Galbraith, Heather Gumbert, Leanna House, Jen Irish, Phil Miskovic, Jayden Payoute, Jim Petrine, Liesel Ritchie, Susan Short, David Tegarden, Danny White

Susan Short provided a brief welcome and overview of the UAC charge. Jen Irish shared information regarding the role and responsibilities of the Faculty Athletics Representative. Sarah Armstrong briefed the group on the role and services provided by the Student Athlete Academic Support Services unit. Danny White shared information related to Athletics role with UAC and will share an organizational chart of the department during a future meeting.

Members Present (Full Advisory Committee): Sarah Armstrong, Travis Burns, Erin Carleton, John Galbraith, Heather Gumbert, Rachel Holloway, Leanna House, Jen Irish, Ken Miller, Phil Miskovic, Jayden Payoute, Jim Petrine, Robin Queen, Liesel Ritchie, Bridget Ryan-Berman, Susan Short, Becki Smith, Kenneth Stiles, David Tegarden, Joe Tront, Danny White (for Whit Babcock)

Absent: Whit Babcock, Allison Bowersock, Frances Keene, Robin Russell, Brad Wurthman

Guests: Sarah Armstrong, Gary Bennett

Susan Short called the meeting to order at 3:30 p.m. A quorum was present.

1. Adoption of Agenda

A motion was made and seconded to adopt the agenda. The motion carried.

2. Announcement of approval and posting of minutes of May 5, 2022

Susan Short noted that these minutes have been voted on electronically and can be publicly accessed on the Governance Information System on the Web (<http://www.governance.vt.edu>).

3. **Welcome** - Susan Short provided brief words of welcome and a brief overview of the charge and responsibilities of the UAC.

4. **Guest Presentation: Student-Athlete Well-Being** – Gary Bennett, associate athletics director and licensed clinical and sport psychologist, provided an overview to services provided to student-athletes as well as the groups connection to the Cook Counseling Center (slide deck attached).

5. **Faculty Athletics Representative Update** - Jen Irish, university FAR, provided the following updates:

NCAA:

NCAA Board adopted recommendations from the Division I Transformation Committee related to transfers and infractions.

ACC:

ACC Board met earlier this week. The ACC Fall meeting will be Oct 17-18.

VT:

Fostering Academic Success message through provost's weekly email:

- <https://www.provost.vt.edu/provost-weekly-updates/weekly-september-5-9-2022.html>
- https://www.saass.vt.edu/content/dam/saass_vt_edu/files/SAASS%20Academic%20Highlights%202021-2022.pdf

Missed class subcommittee:

- Charge: Review and update Virginia Tech's missed class policy for student-athletes for UAC review and approval.
- Seeking two new members (*please note: John Galbraith and Robin Queen will serve on this subcommittee*).

Jen responded to questions related to resilience in relationship to conference realignment, student-athlete travel/missed classes, internet connectivity when student-athletes are in travel status (access to hot spots), television schedules.

6. **Student-Athletic Academic Support Services Update** – Sarah Armstrong, director, student-athlete academic support services, provided an update that included the following topics: recognized learning specialists, new hires, academic achievements (Fall 2021 and Spring 2022), student-athlete majors, eligibility status (slide deck attached).

7. **Athletic Director Update** – Danny White presented on behalf of Whit Babcock and provided updates on the following topics (slide deck attached):

- CAPS – **compliance**, academics, **performance**, support
- Compliance – President Sands attended the Fall all-staff meeting. Presented expectations – excel in athletics, excel in academics, and we will do it the Virginia Tech way.
- NCAA Major Infractions
- Highlighted Hokies in the Top 25 rankings, Learfield Directors' Cup, NCAA championships

8. **Additional Topics:** The group received feedback from the Boston College home game – new procedure for student entrance to stadium, sections 1-3-5 migrating into season ticket holders’ seats is being addressed, general admission for students. Susan shared that associate coaches will be scheduled to attend future UAC meetings to discuss how UAC can support their efforts.
9. Susan reminded the group that we will meet in-person on Thursday, October 13th for our next UAC gathering. The location and virtual link will be provided in the near future. The meeting adjourned at 5:00 p.m.

2022-23 University Athletics Committee Meeting Schedule

- Thursday, **October 13th – 3:30 p.m. – 5:00 p.m.** (In-person, location: TBD)
- Thursday, **November 10th – 3:30 – 5:00 p.m.** (Virtual Only)
- Thursday, **December 8th – 3:30 p.m. – 5:00 p.m.** (In-person, location: TBD)
- Thursday, **January 19th – 3:30 p.m. – 5:00 p.m.** (Virtual Only)
- Thursday, **February 9th – 3:30 p.m. – 5:00 p.m.** (Virtual Only)
- Thursday, **March 16th – 3:30 p.m. – 5:00 p.m.** (In-person, location: TBD)
- Thursday, **April 13th – 3:30 p.m. – 5:00 p.m.** (Virtual Only)
- Thursday, **May 4th, – 3:30 p.m. – 5:00 p.m.** (In-person, location: TBD)

Dr. Gary Bennett

Associate AD, Clinical/Sport Psychologist

- ✗ Started working at VT in 2000 as Athletics' Clinical Psychologist
- ✗ Coordinates the CAMP (Counseling & Athletic Mental Performance) Program
- ✗ Member of VT Athletics Leadership Institute
- ✗ Licensed Clinical Psychologist & Certified Mental Performance Consultant
- ✗ Provides Individual Counseling to student -athletes
- ✗ Oversee ADHD & substance misuse programming
- ✗ Consulting with all departments regarding student -athlete needs



Counseling & Mental Performance (CAMP) Staff

Primary responsibilities of all CAMP Staff include providing individual counseling and facilitating team meetings and other outreach programming.



gabennet@vt.edu
w (540) 231-2556
c (540) 449-4597

Gary Bennett, Ph.D., Associate Athletic Director, Licensed Clinical and Sport Psychologist. Point of Contact: Oversee CAMP, ADHD Treatment, [Suicide Prevention Programming](#), Sexual Misconduct and Relationship Training (SMART), Drug Testing, After Hours On-Call



pknack35@vt.edu
w (540) 231-6203
c (717) 576-7448

Paul Knackstedt, Psy.D., Assistant Athletic Director, Licensed Clinical and Sport Psychologist. Point of Contact: Biofeedback, [Mental Health Screening](#), Mindfulness, Student-Athlete Assistance and Monitoring Program (SAMAP), Supervision of Unlicensed Staff and Interns



kellarl@vt.edu
w (540) 231-3742
c (717) 571-8425

Lauren Naldo, M.A., Assistant Director, Licensed Professional Counselor. Point of Contact: [Eating Disorder Treatment/Screening](#), THRIVE, Social Media, Mental Health Task Force, Trauma Treatment



khoff@vt.edu
w (540) 231-2984
c (570) 447-7025

Kara Hoff, Psy.D. Staff Counselor. Point of Contact: LGBTQ, Trauma Treatment, Perfectionism

UAC September 15, 2022

AD Update

- ✗ Opening remarks
- ✗ NCAA Infractions
- ✗ National & Conference success/Learfield Directors Cup
- ✗ Commonwealth Clash
- ✗ Budget
- ✗ CAMP

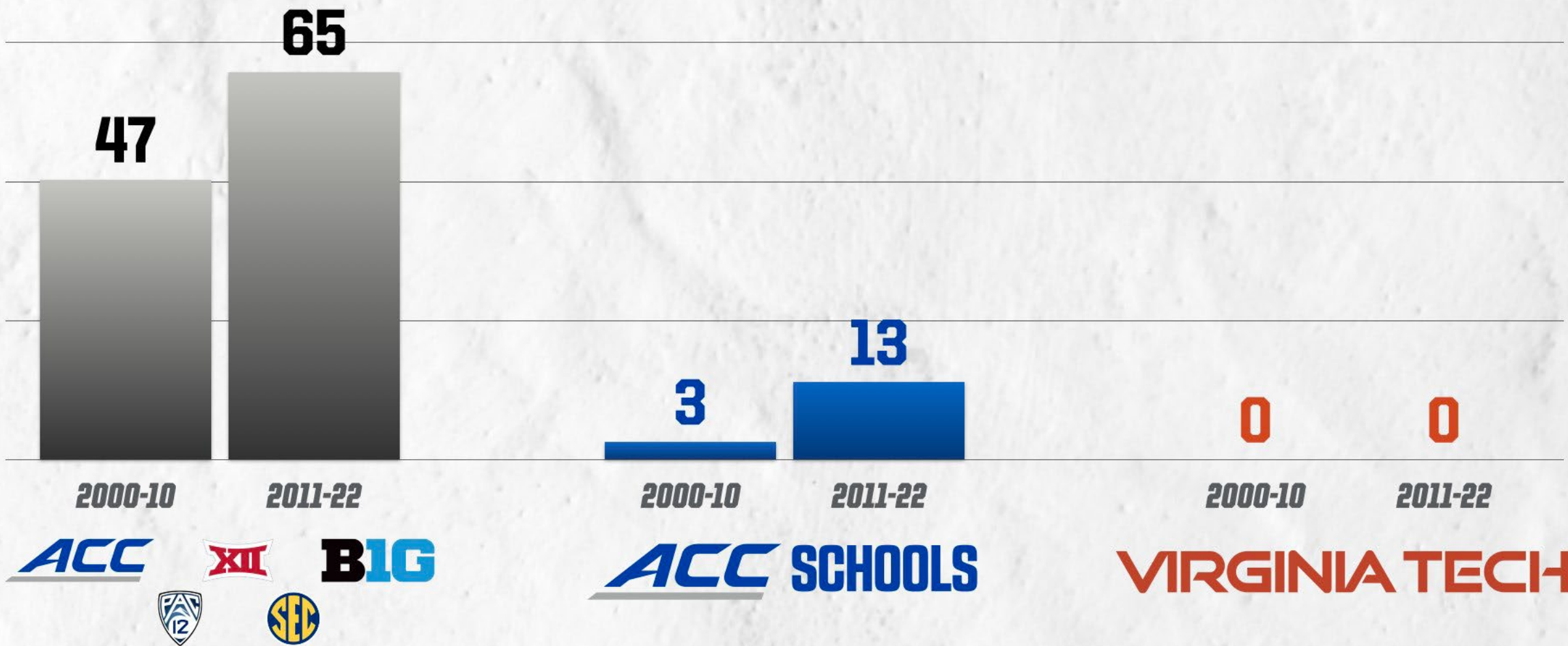
UAC Meeting

DR. TIM SANDS

UNIVERSITY PRESIDENT



NCAA MAJOR INFRACTIONS



HOKIES IN THE TOP 25 2021-22

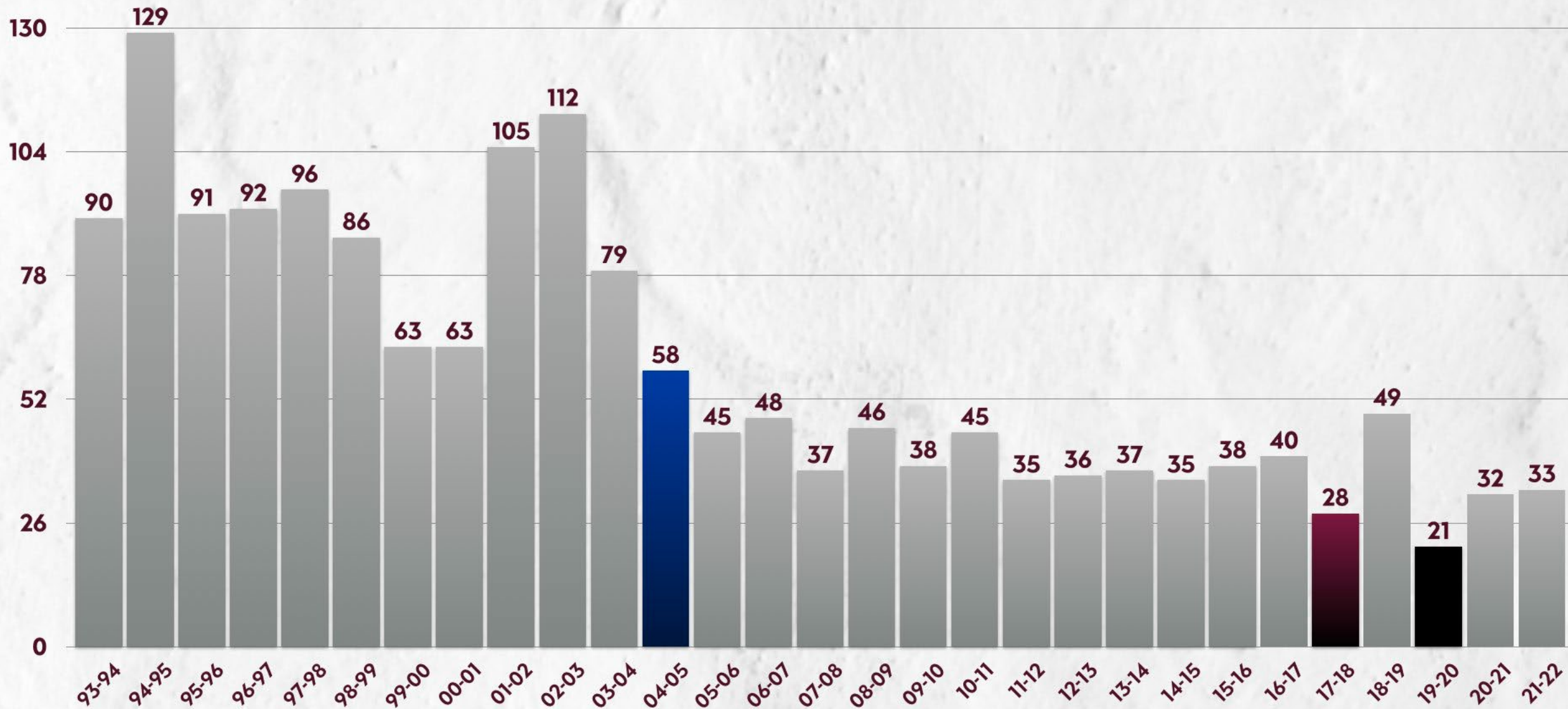
TEAM	RANK	TEAM	RANK
Baseball	2	Women's Basketball	16
Softball	2	Women's Soccer	17
Men's Soccer	5	Women's Outdoor Track & Field	17
Women's Indoor Track & Field	6	Women's Golf	18
Wrestling	8	Women's Swimming & Diving	18
Men's Swimming & Diving	8	Men's Golf	20
Men's Indoor Track & Field	13	Men's Basketball	24
Football	15	Lacrosse	24

Denotes highest ranking achieved during season



Learfield Directors' Cup

1993-2022





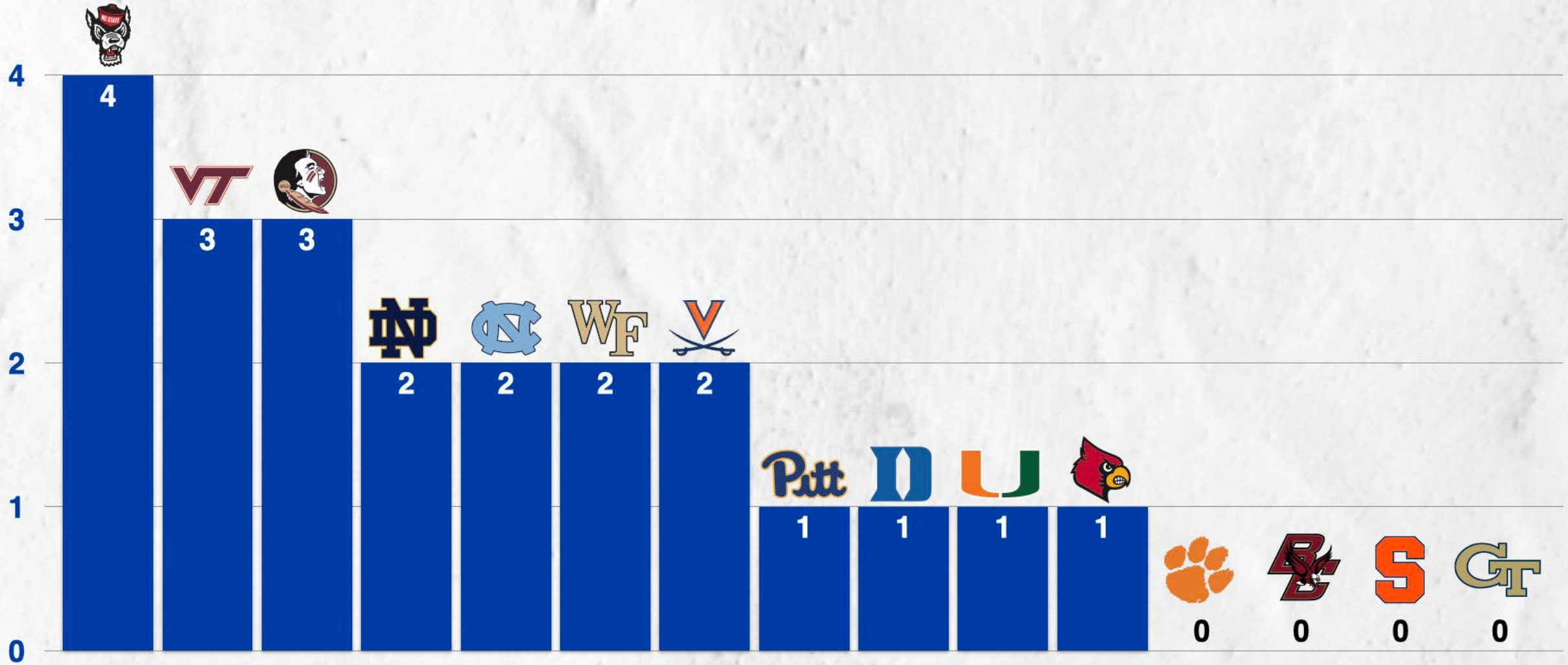
Learfield Directors' Cup

ACC Teams (2021-22)

	6	North Carolina	1087.25
	8	Notre Dame	1021.00
	11	Virginia	942.50
	14	Florida State	910.00
	17	NC State	870.00
	21	Duke	849.50
	33	Virginia Tech	688.25
	34	Louisville	663.50

	45	Wake Forest	530.00
	50	Miami	516.00
	65	Clemson	357.50
	68	Georgia Tech	352.25
	72	Syracuse	304.00
	73	Pitt	298.00
	109	Boston College	165.00

ACC ACC Championships (in our 22 sports) 2021-2022



as of June 13, 2022



NCAA Championships (in our 22 sports)

2021-2022



Florida (3), Ole Miss, South Carolina, Georgia



NC State, North Carolina, Clemson, Florida State, Virginia (2)



Kansas, Texas (3), Oklahoma



Cal, Stanford



Wisconsin, Penn State



Northern Arizona



12½

Smithfield®
COMMONWEALTH
CLASH



8½



Women's Soccer



Men's Soccer



Women's Cross Country



Men's Cross Country



Volleyball



Football



Women's Basketball



Men's Basketball



Wrestling



Women's Swimming & Diving



Men's Swimming & Diving



Women's Indoor Track & Field



Men's Indoor Track & Field



Women's Tennis



Men's Tennis



Softball



Women's Golf



Lacrosse



Men's Golf



Baseball



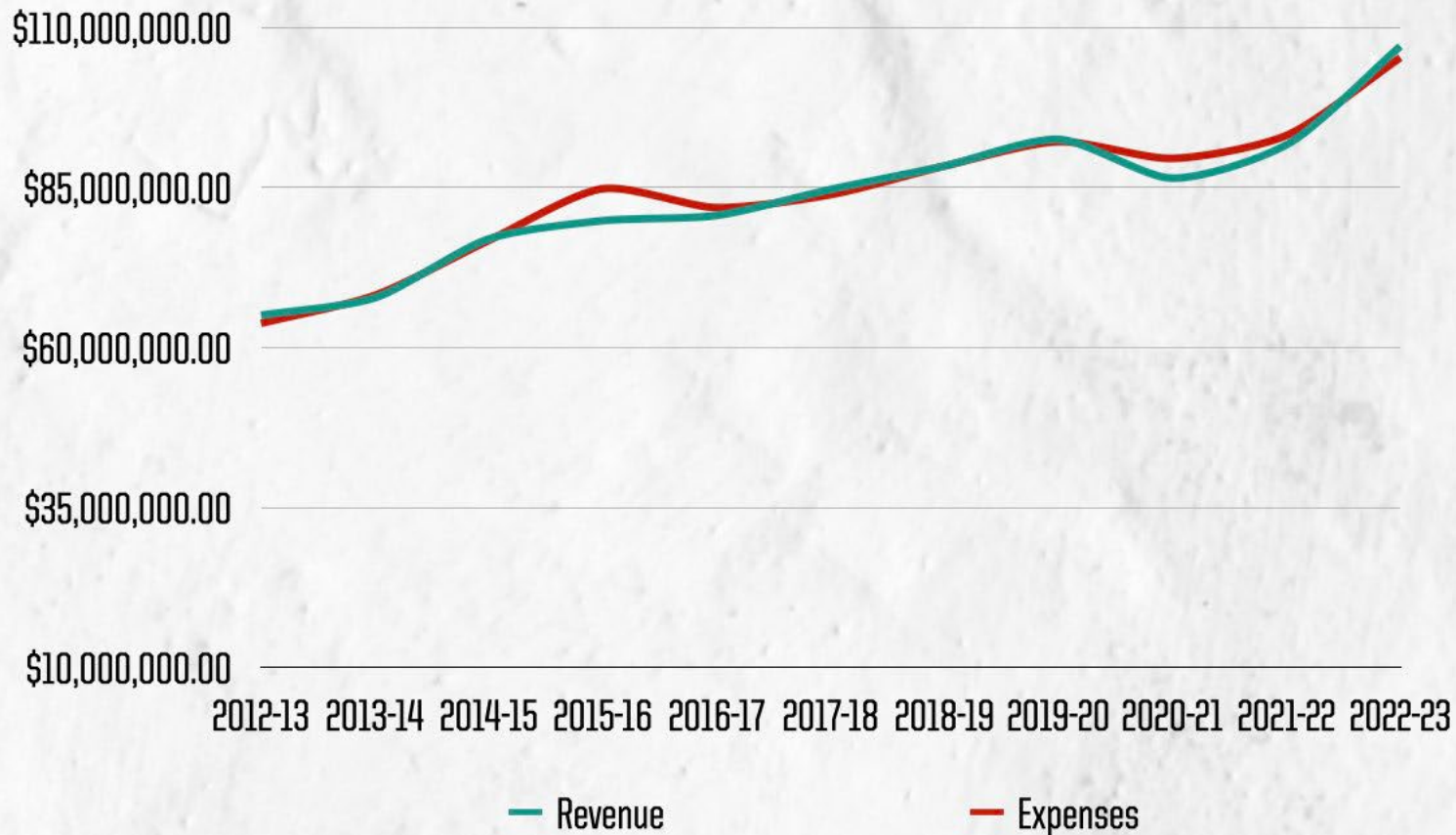
Women's Outdoor Track & Field



Men's Outdoor Track & Field

as of June 13, 2022

2012-2023



Fiscal Year	Revenue	Expenses
2012-13	65,051,470	63,800,313
2013-14	67,794,164	68,166,131
2014-15	76,980,690	76,748,417
2015-16	79,829,856	84,819,481
2016-17	80,652,781	81,868,068
2017-18	84,719,827	83,899,559
2018-19	88,378,149	88,378,159
2019-20	92,538,010	92,183,596
2020-21	86,473,293	89,559,702
2021-22	91,685,395	93,149,468
2022-23	107,092,547	105,311,503

CAMP COUNSELING & ATHLETIC MENTAL PERFORMANCE



**Dr. Gary
Bennett**



**Dr. Paul
Knackstedt**



**Lauren Naldo,
LPC**



**Antonio
Bolden, MS**



Dr. Kara Hoff

Plans for 2022-23:

- Individual and Team Meetings
- Suicide Prevention Programming
- Hokies Helping Hokies Heal
- Mental Health Task Force for Student-Athletes
- Sexual Assault Prevention Programming
- Calm & ACC Partnership

**There's nothing more powerful
than a humble person with a
servant's heart and warrior spirit
who is driven by a bigger purpose.**

– John Gordon

SAASS

STUDENT-ATHLETE ACADEMIC SUPPORT SERVICES

Academic Success Highlights 2021 - 2022

ACADEMIC ACHIEVEMENTS



Fall 2021:

- 3.19 Department GPA
- 414 on A.D. Honor Roll (3.0+ GPA)
- 43 Perfect GPAs (= 4.0)

Graduation Success Rate

90%



Spring 2022:

- 3.19 Department GPA
- 395 on A.D. Honor Roll (3.0+ GPA)
- 43 Perfect GPAs (= 4.0)



HIGHEST TEAM GPAs

Women's: Men's:

- | | |
|---------------|---------------|
| 1. Basketball | 1. Basketball |
| 2. Volleyball | 2. Golf |
| 3. Tennis | 3. Soccer |



All-ACC Academic Team

- 94 Student-Athletes

ACC Academic Honor Roll

- 358 Student-Athletes

ACADEMIC STATS



TEAMS WITH A
PERFECT APR



5

TEAMS WITH 3.0+
GPA



90%

ACADEMIC YEAR
OVERALL GPA



3.19