COMMISSION ON OUTREACH AND INTERNATIONAL AFFAIRS
Minutes
September 16, 2021; 3:30-4:30 p.m.
120 Gateway Center and Zoom

Attendance in person: Robert Weiss, Presiding; Laura Belmonte, Jan Helge Bøhn, Guru Ghosh, Ralph Hall, Don Hempson, Theresa Johansson, Penny Muelenaer, Susan Short

Attendance via Zoom: Tara Brent, Ben Grove (for Ed Jones), Aimane Najmeddine, Robert Oliver, Cassidy Rist, Angela Scarpa, Peter Schmitthenner, Andy Seibel (for Megan Seibel), Jane Wemhoener (for Nick Copeland)

Absent with Notice: David Brinberg, Nick Copeland, John Galbraith, Ed Jones, Megan Seibel
Absent: Kenner Love
Guests: Rich Mathieson, April Myers, Ila Schepisi, Sara Steinert Borella

Welcome: Robert Weiss called the meeting to order at 3:34 p.m.; welcomed the group and gave the charge to the commission (see attached). Attendees signed the attendance sheet; those participating by Zoom were asked to sign into the chat; visual attendance was also taken; a quorum was established. Robert Weiss gave an overview of the commission’s work for this year to include study abroad programs and how they impact students to include accessibility and affordability. He encouraged presentations to collaborate with research institutions and finding ways that senior faculty can support this mission; exploring sustained funding for study abroad; how the university can position itself to be eligible for federal funding; bringing entrepreneurial projects. Robert Weiss will get an email together for Kimberly Rhodes to send out.

1. Adoption of Agenda:
   Robert Weiss suggested using unanimous consent for voting, as described if discussion is not raised, the motion will be approved by unanimous consent; motion to adopt the agenda by unanimous consent was made; there was no discussion; the agenda was adopted by unanimous consent.

2. Announcement of Approval of Minutes, May 6, 2021:
   Minutes from the May 6, 2021 meeting were approved electronically and were sent to the Governance Information System; approved minutes can be found on the web (http://www.governance.vt.edu/).

3. Election of Vice-Chair:
   Robert Weiss described the criteria for the role of the Vice-Chair to include the nominee must be faculty and have one more year on the commission. He read the names of all current COIA members that were eligible; Jan Helge Bøhn volunteered to be Vice-Chair.

4. Resolution to Recommend Authorization of the Renaming and Service Expansion of the Engagement Center for Creative Aging (ECCA)-First Reading:
   Ila Schepisi gave an overview of The Engagement Center for Creative Aging (ECCA) to be considered by COIA and referred to the documents that were previously sent to COIA (see attached). The resolution presented to COIA for first reading includes a name change as well as a re-fresh of the center. Many names were provided in relationship to expanding the advisory board’s community partners to include: David Trinkle, Aubrey Knight, David Musik, Sara Parker, Cathy Sutphin. Guru Ghosh indicated that the resolution, if passed by COIA, will not go to University Council, but will be forwarded to Cyril Clarke’s office, and then to Dwayne Pinkney’s office.

5. Acceptance of Constituent Reports and/or Minutes:
   A. Chairman’s Report: There have not been any University Council meetings since the last COIA meeting.
Approved minutes for University Council can be found at: https://governance.vt.edu/meeting-materials.php.

B. Virginia Cooperative Extension (VCE): Ben Grove presented the report of VCE on behalf of Ed Jones. He indicated that a number of current and former agents received national recognition; Ed Jones received the 2021 Distinguished Service Ruby Award; the most prestigious level of recognition from Epsilon Sigma Phi (https://vtx.vt.edu/articles/2021/08/ext-ed-jones-ruby-award.html). Additionally, 4-H Hall of Fame award winners included Bob Meadows for 2020; and John Dooley for 2021. Ben also highlighted the implementation of the Organizational Effectiveness Plan as part of the strategic plan process; adopted earlier in 2021; a fifth extension district has been created, north of Richmond-more information to come; and the promotion and tenure process and how to apply the process to non-tenure track extension specialists, administrative and professional and other faculty. There are going to be district conferences this fall; and the winter in-service professional conference, which will be face-to-face at the Inn at Virginia Tech and Skelton Conference Center (IVTSCC) the end of January/beginning of February.

C. Engagement Leadership Council: There have not been any Engagement Leadership Council meetings since the last COIA meeting. The next meeting will be held on October 7, 2021 at 2:00 p.m.

D. University Committee on International Affairs (UCIA): There have not been any University Committee on International Affairs meetings since the last COIA meeting. The next meeting will be held on September 20, 2021 at 11:00 a.m. at 526 Prices Fork Road.

E. Global Alumni Engagement Sub-Committee Update: There have not been any new meetings at this time.

6. Call for Announcements/Commission Board Member Comments: Robert Weiss made the call for announcements/comments. Susan Short announced the celebration for Angela Scarpa and her team for the Mobile Autism Clinic, which won the Kellogg Award. Additionally, the team is currently in contention for the C. Peter Magrath award. On September 30, 2021 at 10:00 a.m. at the Catawba Center, there will be a ribbon cutting to celebrate the trailhead and blue blaze trail at the Catawba Sustainability Center. The next Engagement Leadership meeting will be held on October 7, 2021 at 2:00 p.m. Guru announced that Outreach and International Affairs (OIA) will be celebrating the Virginia Tech sesquicentennial by hosting events at Reynolds Homestead (which includes the 50th celebration of their facilities) as well as an event at the Steger Center in Riva San Vitale in June of 2022.

7. Adjournment: There being no further business, Robert Weiss thanked the group for attending; a motion to adjourn the meeting was made; seconded; all were in favor; the meeting adjourned at 4:18 p.m.

The next meeting will be October 21 from 3:30-4:30 p.m. in 120 Gateway Center/via Zoom.

Respectfully submitted,
Kimberly Rhodes, Recording Secretary

PROPOSED DATES FOR 2021-2022 (Meetings 3:30-4:30 p.m. unless indicated otherwise)

- October 21
- November 18
- December 9
- NO JANUARY MEETING
- February 17
- March 17
- April 21
- May 5
**CHARGE**: To study, formulate, and recommend to the University Council policies and procedures concerning the engagement of the University in service, outreach, and international affairs. Areas for consideration include: Cooperative Extension, continuing and professional education; economic development including community resource and leadership development; liaison with affiliated corporations and institutes; international programs; and other matters affecting service, outreach, and international affairs. The Commission on Outreach and International Affairs will liaison with the Commission on Undergraduate Studies and Policies with issues regarding study abroad and international exchange programs.
WHEREAS, the Commission on Outreach and International Affairs (COIA) exists to study, formulate, and recommend to University Council policies and procedures concerning the engagement of the university in service, outreach, and international affairs; and

WHEREAS, the Adult Day Services Center has submitted a proposal to rename its existing departmental-level center as the Engagement Center for Creative Aging (ECCA) and expand services reporting to the Department of Human Development and Family Science, the College of Liberal Arts and Human Sciences and the Office of the Vice President of Outreach and International Affairs; and

WHEREAS, the aforementioned Center will support Virginia Tech’s global land-grant mission by improving the quality of life and human condition through outreach programs and services for families experiencing dementia, empowering adults all over the world to engage new information regarding aging and brain health, modeling advanced community-based aging services for regional, national, and global impact, and offering innovative and holistic programming and interventions relevant to an interdisciplinary student audience; and

WHEREAS, the goals of the Center will include providing programs and services in the New River Valley, related to aging, mild cognitive impairment, caregiver wellness, and adult day services; providing robust learning opportunities for students, caregivers, and professionals; collaborating with students and faculty across departments, colleges and universities to engage in innovative interdisciplinary research focusing on interventions and issues related to aging and dementia; and supporting caregivers and communities impacted by dementia through targeted virtual programs, social media presence, and the development of international relationships; and

WHEREAS, the approval of this name change and expansion of services by the Engagement Center for Creative Aging will increase its visibility and enable a broader impact resulting in stronger interdisciplinary collaborations, increased holistic scope of services, increased number of individuals served, development of new initiatives and increase competitiveness for external funding;

NOW, THEREFORE, BE IT RESOLVED, that COIA recommends authorization of the new name and expanded services of the current departmental-level Center to the Engagement Center for Creative Aging.
The Engagement Center for Creative Aging (ECCA)
A Center in the Department of Human Development and Family Science
Virginia Tech
Charter Proposal April 2021
VISION
A world where aging joyfully and connected in the presence of dementia is possible.

MISSION
To provide innovative community services for families aging in place while enhancing the education of future healthcare professionals

To this end, ECCA engages in the following activities:

- **Outreach**: Providing programs and services in the New River Valley, related to aging, mild cognitive impairment, caregiver wellness, and Adult Day Services;

- **Teaching**: Providing robust learning opportunities for students, caregivers, and professionals through service learning, workshops, field study, direct care training, study abroad and more;

- **Research**: Collaborating with students and faculty across departments, colleges and universities to engage in innovative interdisciplinary research focusing on interventions and issues related to aging and dementia; and

- **Global**: Supporting caregivers and communities impacted by dementia through targeted virtual programs, social media presence, and the development of international relationships through study abroad and research efforts.

RELEVANCE TO THE UNIVERSITY’S GOALS AND MISSION
In support of Virginia Tech’s mission to be an inclusive community of knowledge, discovery and creativity dedicated to improving the quality of life and the human condition within the Commonwealth of Virginia and throughout the world, ECCA will help to:

- Improve the quality of life and human condition through programming for families experiencing dementia;
- Empower adults all over the world to engage new information and programming regarding aging and brain health;
- Model advanced community-based aging services for regional, national, and global impact;
- Offer innovative and holistic programming and interventions relevant to an interdisciplinary student audience;
• Tackle critical societal issues impacting equity for older adults in rural areas;
• Support engagement and learning for alumni and the local community with relevant programming about aging; and
• Participate in continuous strategic planning for the center, enabling us to evolve with evidence-based practice and the needs of our participants and students.

ECCA Approaches To Integrative Care

There are a number of philosophies, theories, modalities, and approaches that influence ECCA’s teaching, research, outreach, and engagement. These include:

• Creative Arts
• Eden Alternative Philosophy
• Game, Flow, and Systems Theories
• Greencare
• Holistic Care
• Integrative Health and Wellness
• Intergenerational Relationship
• Philosophy of Leisure
• Person-centered Care Philosophy
• Strengths-Based Approach
• Validation

OBJECTIVES

ECCA has five short-term objectives and they include:
1. Strengthen interdisciplinary collaborations across campus and in the community to contribute toward “continuous planning” of services and research meeting our center mission;
2. Increase holistic scope of services;
3. Reach beyond boundaries to expand service impact to more people;
4. Begin Greencare and Integrative Health and Wellness initiatives; and
5. Secure capital funding for a new facility.
ECCA will accomplish these objectives by:
1. Providing robust learning opportunities for students, caregivers, and professionals;
2. Increasing awareness of strategies and services available to engage individuals in preserving brain health and aging well;
3. Offering community-based services to people with mild cognitive impairment and their families to support holistic wellness;
4. Improving social connectedness and skill sets for families’ caregiving for a loved one with dementia;
5. Providing holistic, therapeutic and person-centered day programming to older adults;
6. Collaborating with faculty on interdisciplinary projects to advance the field of aging; and
7. Maximizing revenue, increasing grant funding, and attracting a larger donor base through networking, collaborating and marketing efforts.

ECCA has six long-term objectives:
1. Become an official Alzheimer’s Research Center with NIH/NIA Funding;
2. Partner with Engineering to become an NSF Engineering Research Center;
3. Become a National Endowment for the Arts Research Lab;
4. Become the first university-based Greencare Facility in the United States;
5. Serve as a model and support for other land-grant universities developing their own community Greencare and outreach initiatives; and

FACULTY & STUDENTS

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Other Faculty

ECCA welcomes collaboration with faculty from across the university and other institutions that align with missions of Virginia Tech and ECCA.

Student Groups

ECCA is positioned to provide a unique interdisciplinary educational opportunity. Volunteer and for credit options are available to undergraduate and graduate students at any level of study from any department within Virginia Tech and among neighboring institutions. In addition to the Department of Human Development and Family Science, we have supervised or collaborated with students from departments and units such as Communication; Computer Science; Interior Design; Human Nutrition, Foods, and Exercise; Music Therapy; Recreation Therapy; Occupational Therapy; Social Work; Psychology; Neuroscience; and Public Health.

ECCA provides opportunities for service learning, field study, internship, volunteering, community service and research. Additionally, collaborations with student-led organizations, local public schools, and community programs have been successful for engagement.

Clientele Description

The Engagement Center for Creative Aging serves:

a. Individuals interested in preserving brain health against memory challenges;
b. Families caring for older adults and loved ones with a dementia diagnosis or other age-related illness;
c. Older adults with dementia and/or other conditions benefiting from a mixed social/medical model within the scope of care defined by center license with the Department of Social Services; and
d. College students interested in expanding their knowledge base and gaining experience with the families and individuals we serve.

GOVERNANCE

ECCA will be housed in the Department of Human Development and Family Science (HDFS) within the College of Liberal Arts and Human Sciences (CLAHS) at Virginia Tech.

The Center’s Administrator will be the HDFS Department Head.

The Center’s Director is a HDFS faculty member who is appointed by the Administrator. The Director must meet all the basic requirements of the Virginia Department of Social Services (DSS) regulations for oversight of an Adult Day Care [Services] program.
The Center’s Therapeutic Program Director is a HDFS faculty member who is appointed by the Center Director.

The Center’s Healthcare Coordinator is a staff member who is appointed by the Center Director.

The Stakeholders Committee will be composed of faculty with departmental and college oversight.

The purpose of the Stakeholders Committee is to safeguard the Center’s effective operation and ensure that the Center’s mission and objectives are achieved.

Specifically, the Stakeholders Committee will include:

- The ECCA Director, Ila Schepisi, MTS
- The ECCA Administrator, April Few-Demo, Ph.D.
- The CLAHS Associate Dean for Policy, Debra Stoudt, Ph.D.
- The CLAHS Dean, Laura Belmonte, Ph.D.
- The CLAHS Assistant Dean of Advancement, Holly Kobia
- The Vice President for Outreach and International Affairs, Guruprasad Ghosh, Ph.D.

To achieve the Center’s objectives, the Director of ECCA will be assisted by an Advisory Board.

The Chair of the Advisory Board will be nominated and appointed by members of the Advisory board.

The Advisory Board members include:

Virginia Tech
- AgriAbility Virginia Program Director, Center for Food Systems and Community Transformation Director, Kim Niewolny, Ph.D.
- Associate Director of Corporate & Foundation Relations, Adam Short
- Center for Gerontology Core Faculty, Tina Savla, Ph.D. and Pam Teaster, Ph.D.
- Center for Public Health Practice & Research Director, Kathy Hosig, Ph.D.
- CLAHS Communication Director, Paula Byron
- CLAHS Director of Alumni Relations, Christina Miller
- ECCA Director, Ila Schepisi
- ECCA Faculty/staff Representative, Joanna Culligan
• Executive Director of Real Estate, Heidi Meyers
• Gerontologist & Mind-Body Curriculum Specialist, Matthew Komelski, Ph.D.
• HDFS ADA Faculty Liaison for Research, Benjamin Katz, Ph.D.
• Reynold’s Homestead Director, Julie Walters Steele
• VT Director of Environmental Health & Safety, Lance Franklin
• VT Women’s Center Co-Director, Christine Dennis Smith

Community Partners
• Blacksburg AARP/VT Life Long Learning Institute Representative and Former Dean, Jerry Niles, Ph.D.
• Cheryl Milkes More Endowed Professor in Mental Health Research, Keith Anderson, Ph.D., University of Texas Arlington
• Community Foundation of the New River Valley, Jessica Wirgau
• ECCA Adult Day Program, Caregiver (current or former), Betsy Risen
• Gerontologist and Research Strategist, Shannon Jarrott, Ph.D.
• Local Licensed Nursing Home Administrator, Bart Williams
• Vice-President of Health & Wellness at Warm Hearth, Heather Gearhart
• VT HDFS and Center Alumni, Emily Patrick

ANTICIPATED RESOURCE NEEDS & PROSPECTIVE SOURCES

Facility Resource Needs
ECCA requires physical space to hold outreach programming that (at minimum) meets the DSS regulations for Adult Day Care Centers with additional space adequate to accommodate on-site experiential learning, training and research opportunities for students and faculty. Additional facilities and a large outdoor space to incorporate Greencare as well as integrative health and wellness initiatives is ideal.

Human Resource Needs
ECCA requires staff with healthcare and/or complementary healthcare credentials to meet the needs of its vulnerable population and DSS regulations for Adult Day Care Centers. To reduce staff turn-over, ECCA needs full-time equivalents for sustainability.

Program Resource Needs
ECCA provides a variety of programming that requires therapeutic, medical, recreational, musical, educational, cultural, nutritional and administrative among other supplies. This would include training and personal/professional development for staff.

Technology Resource Needs
ECCA utilizes technology for programming, teaching, documentation, administration, health monitoring, and research. ECCA strives to meet HIPAA standards as best practice requiring professional oversight by the department’s Systems Administrator.

Prospective Sources

Virginia Tech provides physical space and utilities free of charge in addition to housekeeping and maintenance. VT also provides computers to appointed faculty.

The Department of Human Development and Family Science provides the salary for the Center Director. HDFS also provides technology equipment through ETF funding, end of year funds, winter session, and/or pass downs when other faculty get upgrades.

The College of Liberal Arts and Human Sciences provides the salary for the Healthcare Coordinator and Senior Systems Administrator and partial salary for the Therapeutic Program Manager.

Remaining human resources, program and technology needs are covered by center-generated revenue. Fees are charged for each arm of service delivery—Engaging Aging, Caregiver Wellness, and Adult Day Services—as well as professional consultations and assessments.

Grants and donors are sought to fund research, develop new program offerings, and build organizational capacity.

FORECAST OF EXTERNAL FUNDING SOURCES

ECCA has the versatility to collaborate on interdisciplinary teams across campus, with other universities and faculty globally. ECCA will seek collaborations that will enhance eligibility for small and large grants. Former and current external funding sources include: Jesse Ball DuPont, Impact 1890, and the Alzheimer’s Association. Potential future funders include: National Institute of Health, National Endowment for the Arts, National Endowment for Humanities, National Science Foundation, National Institute on Aging, AARP, and the RWJ Foundation.

ANTICIPATED DISTRIBUTION OF F&A COSTS

The Center follows department, college, foundation, and university policies related to F&A costs.

QUALIFICATIONS OF THE PROPOSED DIRECTOR
The Director of The Engagement Center for Creative Aging is responsible for the daily operations and overall management of the program and services of the Center. The Director ensures the center is advancing its mission. The Director reports directly to the Head of the Department of Human Development and Family Science.

Required qualifications include a Master's degree (minimum) with experience or professional degree or certification (e.g., CTRS or RN) in a health and human service profession, gerontology, or human development, and recent experience working with people who have dementia. Preferred qualifications include knowledge of community-based health and human services with research and/or clinical training/supervision experience.

The responsibilities of the Director include:

1. Management of the Center's services and programs, including compliance with local, state and/or federal regulatory agencies and Virginia Tech policies;
2. Orientation, training, and supervision of Center staff, including coordination of their activities to assure the needs of participants and families are met;
3. Providing direct care to participants as needed and within scope of practice;
4. Monitoring the Center's operating budget and supervising fiscal operations,
5. Coordinating services with other human service agencies and programs, including emphasizing public awareness for the center's programs and advocacy for quality services to older adults;
6. Initiate quality assurance of participant care by leading and delegating responsibilities for staff and student in-service training and weekly staff meetings; participate in service plan conferences with families and participate in developing interdisciplinary plans of care;
7. Fulfillment of duties and responsibilities consistent with faculty instructor status in the Department of Human Development and Family Science; and
8. Collaborating with the Department of Human Development and Family Science's Adult Development and Aging Faculty Liaison, the Child Development Center for Learning and Research, and the Advisory Board to the Center to forward the Virginia Tech's goals of learning, discovery and engagement.
24 February 2021

Guruprasad Ghosh, Ph.D.
Vice President, Outreach and International Affairs
Gateway Center, Ste 120
902 Prices Fork Road
Blacksburg, VA 24061

Dear Dr. Ghosh,

Virginia Tech Adult Day Services (ADS; est. 1992) is a center in the Department of Human Development and Family Science (HDFS) within the College of Liberal Arts and Human Sciences (CLAHS).

Dr. Jack Finney has advised the CLAHS Dean’s Office, the HDFS department head (Few-Demo) and myself, the ADS Center Director (Schepisi) to develop and submit a new center charter in alignment with Policy 13005.3.1 as part of the realignment process of Policy 13005.3.6.1 for voluntary realignment. Dr. Finney is aware that we are not seeking realignment, but merely a name change. There will be no transfer of oversight. The center will remain as an entity within the HDFS department.

ADS has expanded its outreach over the years and needs a new name that fully encompasses its services, vision, and mission. ADS has been meeting needs and providing services beyond the scope of its ADS licensure for several years. These services include activities related to caregiver wellness, research, consultation, advocacy, study abroad, and most recently mild cognitive impairment programming. Our revised strategic plan adds online and social media components to service delivery as well.

The name change will allow the center to restructure its business model and initiate growth as it becomes a developmental model of care with a systems approach to aging services. We will be able to fully embrace our specialty in dementia care and focus on engaging aging creatively. This is the foundation for expansion of service delivery and additional revenue streams for sustainability.

It is my intent to submit to you a new charter endorsed by the administrator (April Few-Demo, Head of the HDFS Department) and CLAHS Dean Laura Belmonte compliant with VT Policy 13005.3.1 renaming Adult Day Services as The Engagement Center for Creative Aging (ECCA). There is not an associated stakeholder committee currently as we were grandfathered into this policy. Below you will find the policy 13005.3.1 directed LOI information for your review.

Departmental Center Name: The Engagement Center for Creative Aging
1. **Vision:** A world where aging joyfully and connected in the presence of dementia is possible.  
   **Mission:** To provide innovative community services for families aging in place while enhancing the education of future healthcare professionals.  
   **Objectives:**  
   (a.) Provide robust learning opportunities for students, caregivers, and professionals;  
   (b.) Increase awareness of strategies and services available to engage individuals in preserving brain health and aging well;  
   (c.) Offer community-based services to people with Mild Cognitive Impairment & their families to support holistic wellness;  
   (d.) Improve social connectedness and skill sets for families caregiving for a loved one with dementia;  
   (e.) Provide holistic, therapeutic and person-centered day programming to older adults; and  
   (f.) Collaborate with faculty on interdisciplinary projects to advance the field of aging.

2. **Faculty & Student Groups Involved and Clientele Served**

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**Student Groups**  
Although we continue to engage students, current student involvement is low due to the pandemic situation. Numbers from 2020 better represent what we have and will offer. During 2020, we engaged 98 students representing nineteen majors and three institutions. ADS Center faculty supervised 99 field study credits and 3,554+ student hours. These undergraduate and graduate level students participated in service learning, field study, internship, volunteer, and community service opportunities to create an interdisciplinary environment for learning and service delivery.

**Clientele Description**  
The Engagement Center for Creative Aging (formally Adult Day Services) serves and will continue to serve:  
   a. Individuals interested in preserving brain health against memory challenges  
   b. Families caring for older adults and loved ones with a dementia diagnosis or symptoms
c. Older adults with dementia and/or other conditions benefiting from a mixed social/medical model within the scope of care defined by center license with the Department of Social Services, and
d. College students interested in expanding their knowledge base and gaining experience with the families and individuals we serve.

3. Administrative Category: Departmental Center

4. Anticipated Resource Needs and Expected Sources
Current resources for ADS will remain in place for the Engagement Center for Creative Aging. In addition to the revenue that will be generated from participants receiving day services, we plan to also seek approval to charges for two new services, Memory Masterclass and Caregiver Bridge Program. These added revenue streams will improve center sustainability. The salary support that ADS receives from CLAHS will continue. A COVID response grant of $32,344 to cover part-time wage cost for reopening the day program and $30,839 of continued grant support for our Mild Cognitive Impairment Program that will sustain it through 2022. Resource needs in the form of part-time wages and other standard operational expenses will also remain the same as ADS.

5. Relationships with other university entities with apparent similar areas of mission-related focus
- Center for Gerontology (CfG)
  This center’s primary mission is to foster and facilitate multidisciplinary research that enhances the quality of life of older adults. It focuses on family gerontology, health and aging, and elder rights. The CfG is a College-level center hosted by CLAHS. Faculty from both the CfG and ADS collaborate on articles, consult on expertise, and refer students.
  ADS is an outreach center with expertise specifically in dementia care. There is no competing or overlapping work between these centers. The presence of each enhances the other.

Thank you for your consideration. I look forward to working through this process with you.

Submitted with endorsements by,

Ila Schepisi, MTS, CTRS
Senior Faculty Instructor
Director, VT Adult Day Services

April L. Few-Demo, Ph.D.
Professor and Head
Administrator, VT Adult Day Services
April 12, 2021

April Few-Demo, PhD
Head, Department of Human Development and Family Science
Virginia Tech

Dear Dr. Few-Demo,

The Engagement Center for Creative Aging (ECCA) has the full and enthusiastic support of the Dean of the College of Liberal Arts and Human Sciences. This Center builds on the legacy of the Adult Day Services to program to advance the College’s priorities in outreach, research, and instruction beyond the Virginia Tech campus.

This mission of ECCA, “to provide innovative community services for families aging in place while enhancing the education of future healthcare professionals,” advances Virginia Tech’s mission as a land grant university serving the New River Valley, Southwest Virginia, and beyond. Each of the activities of the Center receive the strong support of the College: improve the quality of life and human condition through programming for families experiencing dementia; empower older adults all over the world to engage new information and programming regarding aging and brain health; model advanced community-based aging services for regional, national and global impact; offer innovative and holistic programming and interventions relevant to an multi/interdisciplinary student audience; tackle critical societal issues impacting equity for older adults in rural areas; support engagement and learning for alumni and the local community with relevant programming about aging; and participate in continuous strategic planning for our center, enabling us to evolve with evidence-based practice and needs of our participants and students.

The College’s commitment for the Center includes representation on the Stakeholders Committee by the Dean of the College, Associate Dean for Policy and Faculty Affairs, and Assistant Dean for Advancement. In addition, the College will provide administrative and financial support to the Center and the Department of Human Development and Family Science as outlined in the Charter and reviewed periodically by the Dean.

Regards,

Laura Belmonte

Laura A. Belmonte
Dean, College of Liberal Arts and Human Sciences
Professor of History
September 8, 2021

Guruprasad Ghosh, Ph.D.
Vice President, Outreach and International Affairs Gateway Center, Ste 120
902 Prices Fork Road
Blacksburg, VA 24061

Dear Dr. Ghosh and Members of the Commission for Outreach and International Affairs:

In December 2021, the Virginia Tech Adult Day Services will have existed for 29 years as a center in The Department of Human Development and Family Science. Center faculty and staff have been conducting strategic planning over three years resulting in a complete refresh of the center’s charter. This document highlights the evolution of the mission of Adult Day Services since 2006 and summarizes the centers operational changes underway and outlined in the proposed charter.

**Evolution of the center mission**
The mission of the center was reported in the FY2007 Annual Report and is listed below.
*Founding documents were not accessible.*

Virginia Tech Adult Day Services is dedicated to providing
- A state-of-the-art center dedicated to the well-being and optimal functional capacity of its adult participants,
- A resource for caregiver support,
- An educational experience for students interested in gerontology,
- A research facility for students and faculty focused on care of frail elderly persons,
- Dissemination of research findings to scholars, professionals, policy makers and other interested people in the community of the commonwealth, and
- A sense of community among generations of children, college students and adults.

In 2018, faculty recognized an unmet need in the community that the Adult Day Services Center could fill. Center faculty and staff began a strategic planning process at that time and acquired grant funding to initiate a portion of that plan. In the FY2019 Annual Center Report, the center submitted a revision and an addition to the mission. It then read:

The Virginia Tech Adult Day Services (VT ADS) mission is to provide innovative community services for families aging in place while enhancing the education of future healthcare professionals.

To accomplish this, we strive to be:
The Engagement Center for Creative Aging
Department of Human Development and Family Science
102 Wallace Hall, 265 West Campus Drive
Virginia Tech, Blacksburg VA 24061

- a research facility for students and faculty focused on care of frail elderly persons,
- an educational experience for students interested in gerontology,
- a state-of-the-art center dedicated to the well-being and optimal functional capacity of its adult participants,
- a sense of community among generations of children, college students and adults.
- a resource for caregiver support,
- dissemination of research findings to scholars, professionals, policy makers and other interested people in the community and the Commonwealth

During the center's extended closure due to COVID (March 2020 to July 2021), faculty did extensive strategic planning resulting in the proposal for name change and revised charter. The approval of the revised charter is an important step in innovation, relevance, and sustainability for the center's future.

In the revised charter, you will see that the core components of the former mission are imbedded in the revised mission. It now reads:

VISION
A world where aging joyfully and connected in the presence of dementia is possible.

MISSION
To provide innovative community services for families aging in place while enhancing the education of future healthcare professionals

To this end, ECCA engages in the following activities:

- **Outreach:** Providing programs and services in the New River Valley, related to aging, mild cognitive impairment, caregiver wellness, and Adult Day Services.

- **Teaching:** Providing robust learning opportunities for students, caregivers, and professionals through service learning, workshops, field study, direct care training, study abroad and more.

- **Research:** Collaborating with students and faculty across departments, colleges, and universities to engage in innovative interdisciplinary research focusing on interventions and issues related to aging and dementia.

- **Global:** Supporting caregivers and communities impacted by dementia through targeted virtual programs, social media presence, and the development of international relationships through study abroad and research efforts.

**Summary of the center's operational changes**
From conception Virginia Tech Adult Day Services existed as a single service offered as a community outreach program. Over the years, faculty and staff of the center have witnessed that the ripples of need extend wider than the single service delivery method. Faculty and staff observed that families waited far into a loved one’s dementia before getting help, therefore, caregivers were burdened, lacking adequate support. Programs for people with mild cognitive impairment didn’t exist in our area. Through SWAT analysis, center faculty and staff acknowledged they had the expertise to meet those needs.

Thus, the center is moving from a single arm of service delivery (ADS only) to a developmental model with a family systems approach that incorporates three arms of service: Engaging Aging (MCI program), Caregiver Wellness, and Adult Day Services.

The benefits of the operational change will offer increased community outreach and engagement, improve the human condition of those who receive services, and improve program sustainability.

I look forward to joining COIA for its readings/reviews September 16, 2021 and October 21, 2021.

With Enthusiasm,

Ila Schepisi, MTS, CTRS- Specialization in Geriatrics
Senior Faculty Instructor, Human Development and Family Science
Director, The Engagement Center for Creative Aging (formerly Adult Day Services)
11 September 2021

Cyril R. Clarke, Ph.D.
Executive Vice President and Provost
210 Burruss Hall
Virginia Tech
Blacksburg, VA 24061

Dear Provost Clarke,

The Engagement Center for Creative Aging (formerly Adult Day Services; ECCA) has been a center of the Department of Human Development and Family Science since 1992. ECCA continues to meaningfully engage students and faculty in outreach and research while serving our community and influencing its field through modeling and training. During its 29 years of service, ECCA has used evidence-based research to evolve and expand its services, teaching, and to advance the mission.

ECCA’s mission statement is as follows:

To provide innovative community services for families aging in place while enhancing the education of future healthcare professionals.

As ECCA’s administrator, I have reviewed and contributed to the submitted charter and I am pleased to offer my full endorsement. This center will require no additional resources from the Department of Human Development and Family Science nor the College of Liberal Arts and Human Sciences.

I am eager to support the work of ECCA and believe that this center will lead the way toward achieving the vision of a world where aging joyfully and connected in the presence of dementia is possible.

Respectfully,

April L. Few-Demo

April L. Few-Demo, Ph.D.
Professor and Head
Administrator, Engagement Center for Creative Aging

cc: Ila Schepisi, Engagement Center for Creative Aging Director, Department of Human Development and Family Science, Virginia Tech
Laura Belmonte, Ph.D., Dean of College of Liberal Arts and Human Sciences, Virginia Tech